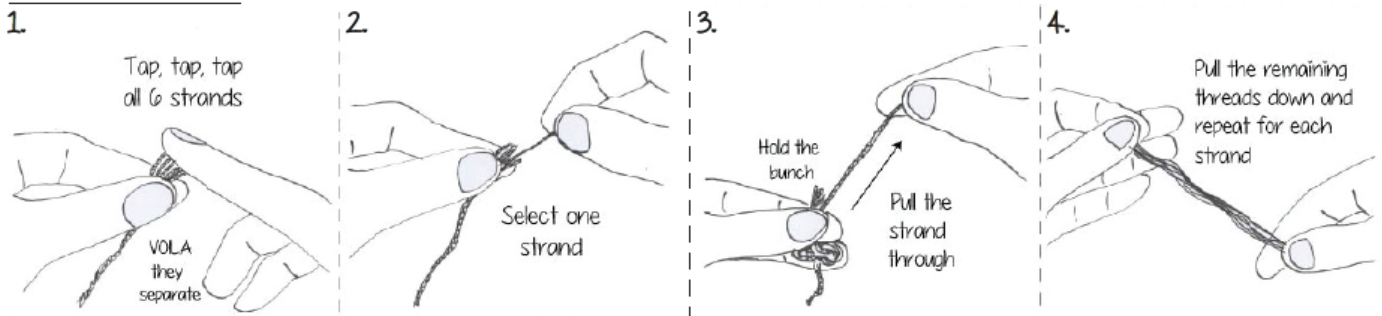


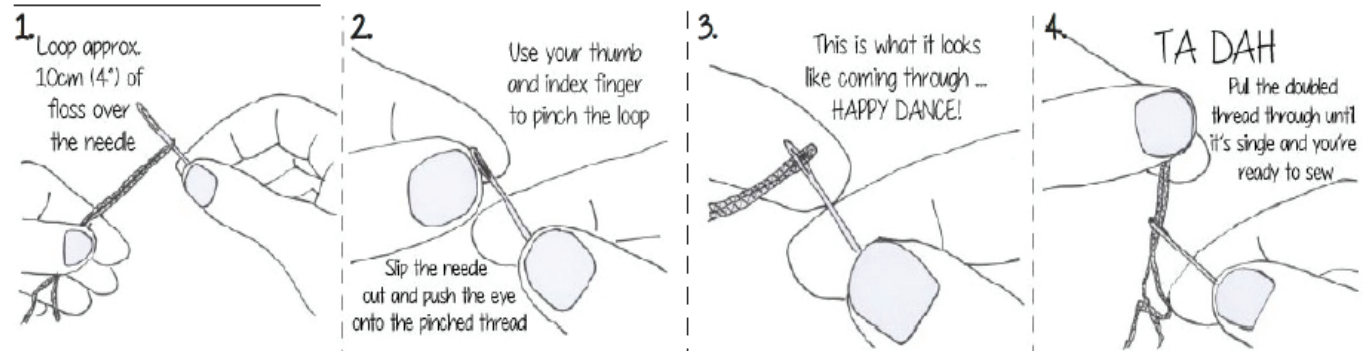
Tips to get started

Split the floss



NB: You can use 1 strand for finer detail, all 6 strands for a bolder look, and anything in between. Experiment.

Thread your needle



NB: Make sure you hold the loop firmly together to ensure it slides through the eye of the needle.

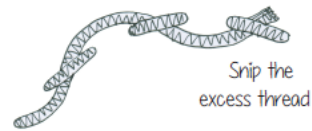
Starting and finishing

You can tie a knot at the end of your floss

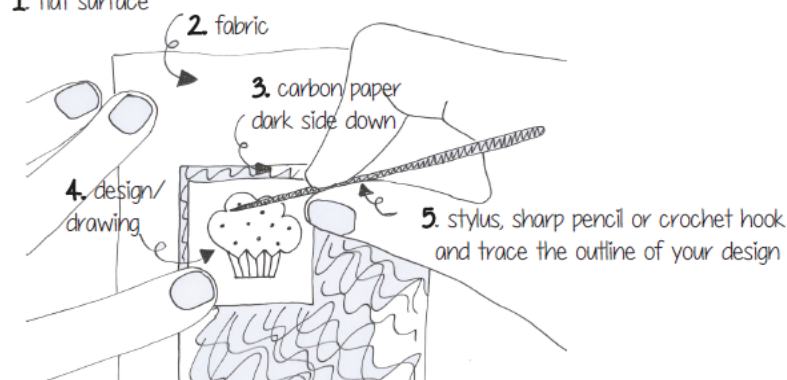


OR

Leave a length of approx. 10cm/4" when you begin and weave it back through your stitches when you've finished. Also finish this way.



Transfer your design



Inspiration and ideas:

You could also try:

- ♥ stitching 1,2 or 3 initials and add a star or loveheart
- ♥ stitching on printed fabrics
- ♥ painting the hoop using one colour, or jazz it up with spots, or stripes
- ♥ stitching basic stitches in a random order, in concentric circles, parallel lines or criss criss different stitches
- ♥ using cross-stitched designs
- ♥ framing your favourite fabrics

The possibilities are endless ... GO WILD and ENJOY!